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*Riding The
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Humi*

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COCHRAN ELLIANA

Elephant Memories
Simon and Schuster
ONE OF NPR'S BEST
BOOKS OF 2019 A
"warm and funny and
honest...genuinely

unputdownable"
(Curtis Sittenfeld)
memoir chronicling
what it's like to live in
today's world as a fat
man, from acclaimed
journalist Tommy
Tomlinson, who, as he
neared the age of fifty,
weighed 460 pounds
and decided he had to
change his life. When

he was almost fifty years old, Tommy Tomlinson weighed an astonishing—and dangerous—460 pounds, at risk for heart disease, diabetes, and stroke, unable to climb a flight of stairs without having to catch his breath, or travel on an airplane without buying two seats. Raised in a family that loved food, he had been aware of the problem for years, seeing doctors and trying diets from the time he was a preteen. But nothing worked, and every time he tried to make a change, it didn't go the way he planned—in fact, he wasn't sure that he really wanted to change. In *The Elephant in the Room*, Tomlinson chronicles his lifelong battle with weight in a voice that

combines the urgency of Roxane Gay's *Hunger* with the intimacy of Rick Bragg's *All Over but the Shoutin'*. He also hits the road to meet other members of the plus-sized tribe in an attempt to understand how, as a nation, we got to this point. From buying a Fitbit and setting exercise goals to contemplating the Heart Attack Grill in Las Vegas, America's "capital of food porn," and modifying his own diet, Tomlinson brings us along on a candid and sometimes brutal look at the everyday experience of being constantly aware of your size. Over the course of the book, he confronts these issues head-on and chronicles the practical steps he has to take to lose weight by the end.

“What could have been a wallow in memoir self-pity is raised to art by Tomlinson’s wit and prose” (Rolling Stone). Affecting and searingly honest, *The Elephant in the Room* is an “inspirational” (The New York Times) memoir that will resonate with anyone who has grappled with addiction, shame, or self-consciousness. “Add this to your reading list ASAP” (Charlotte Magazine). [The Cowboy and His Elephant](#) Penguin Random House South Africa

The rescue of the last diving horse in America and the inspiring story of how horse and animal rescuer were each profoundly transformed by the other—from the award-winning animal rescuer of retired racing

greyhounds and author of the best-selling *Adopting the Racing Greyhound* It was the signature of Atlantic City’s Steel Pier in the golden age of “America’s Favorite Playground”: Doc Carver’s High Diving Horses. Beginning in 1929, four times a day, seven days a week, a trained horse wearing only a harness ran up a ramp, a diving girl in a bathing suit and helmet jumped onto its mighty bare back, and together they sailed forty feet through the air, plunging, to thunderous applause, into a ten-foot-deep tank of water. Decades later, after cries of animal abuse and changing times, the act was shuttered, and in May 1980, the last Atlantic City Steel Pier diving horse was

placed on the auction block in Indian Mills, New Jersey. The author, who had seen the act as a child and had been haunted by it, was now working with Cleveland Amory, the founding father of the modern animal protection movement, and she was, at the last minute, sent on a rescue mission: bidding for the horse everyone had come to buy, some for the slaughterhouse (they dropped out when the bidding exceeded his weight). The author's winning bid: \$2,600—and Gamal, gleaming-coated, majestic, commanding, was hers; she who knew almost nothing about horses was now the owner of the last diving horse in America. Cynthia Branigan tells the magical,

transformative story of how horse and new owner (who is trying to sort out her own life, feeling somewhat lost herself and in need of rescuing) come to know each other, educate each other, and teach each other important lessons of living and loving. She writes of providing a new home for Gamal, a farm with plentiful fields of rich, grazing pasture; of how Gamal, at age twenty-six, blossoms in his new circumstances; and of the special bond that slowly grows and deepens between them, as Gamal tests the author and grows to trust her, and as she grows to rely upon him as friend, confidant, teacher. She writes of her search for Gamal's past: moved from barn to barn, from barrel

racer to rodeo horse, and ending up on the Steel Pier; how his resilience and dignity throughout those years give deep meaning to his life; and how in understanding this, the author is freed from her own past, which had been filled with doubts and fears and darkness. Branigan writes of the history of diving horses and of how rescuing and caring for Gamal led to her saving other animals—burros, llamas, and goats—first as company for Gamal and then finding homes for them all; and, finally, saving a ten-year-old retired greyhound called King—despondent, nearly broken in spirit—who, running free in the fields with Gamal, comes back to his happy self and

opens up for the author a whole new surprising but purposeful world. A captivating tale of the power of animals and the love that can heal the heart and restore the soul.

Never Ride Your Elephant to School

Conari Press
Now in its SECOND EDITION, *Riding the Elephant: An Alzheimer's Journey* takes the reader deep into a landscape where no one goes by choice, yet a place where 5 million Americans reside. A memoir that traces the steps of two sisters and their families as they accompany their mother into uncharted territory, it is a story filled with pathos, humor, unforgettable characters and a glimpse into the transformational power

of the human heart. It provides guidance, compassion and company to those who are walking similar paths.

Riding the Elephant

Random House Trade Paperbacks

An outstanding new voice in memoir, Christine Herbert takes the reader on a "time-machine tour" of her Peace Corps volunteer service as a health worker and educator from 2004-2006 in Zambia. Rather than a retrospective, this narrative unfolds in the present tense, propelling the reader alongside the memoirist through a fascinating exploration of a life lived "off the grid." At turns harrowing, playful, dewy-eyed and wise, the author's heart and candor illuminate

every chapter, whether she is the heroine of the tale or her own worst enemy. Even at her most petulant, the laugh-out-loud humor scuppers any "white savior" mentality and lays bare the undeniable humanity- and humility-of the storyteller. Through it all, an undeniable love for Zambia-its people, land and culture-shines through. A must-read for the armchair adventurer, a book about Zambia - a personal Peace Corps Memoir.

Eating the Elephant

Penguin Global Memoir of an Australian woman writer and poet. Nancy Keesing collaborated with Douglas Stewart in compiling collection of bush songs and ballads.____

The Elephant in the

Room Vintage

From an internationally renowned field scientist comes this fascinating story of her unexpected discovery of a RsecretS new mode of elephant communication. This unforgettable journey takes readers into the wilds of Africa where naturalists do their difficult work in a troubled land.

Who am I, again? St.

Martin's Press

Charming, engaging, and surprisingly forthright, Michael Caine gives us his insider's view of Hollywood and the story of his brilliant second act. When he was in his late fifties, Michael Caine believed his glamorous, rags-to-riches Hollywood career had come to an end. The scripts being sent his way were

worse and worse.

When one script really disappointed, he called the producer to complain about the part. The producer said, "No, no, we don't want you for the lover, we want you for the father." Salvation came in the unlikely form of his old friend Jack Nicholson, who convinced him to give acting one more shot. What followed was not only an incredible personal transformation but also one of the most radical comebacks in film history. Learning to accept his new role both on camera and in his own life, Caine went on to win his second Oscar, be knighted by the queen, and deliver some of his best performances to date. Now he shares the spectacular story

of his life, from his humble upbringing in London's poverty-stricken Elephant and Castle, his military service, touching marriage and family life, and lively adventures with friends, to legendary meetings with fellow stars, forays as a restaurateur, and hilarious off-screen encounters from his glittering five-decade career. Caine's *The Elephant to Hollywood* brings his gift for storytelling and his insider's view to a tale that is funny, warm, and deeply honest. [The Secret Elephants](#) Sleeping Bear Press
Overview: A sobering lesson about the horrors of war is depicted through the fate of three elephants at the Ueno Zoo in Tokyo during World

War II. [Ants Among Elephants](#) Macmillan
Through the story of one man's extraordinary bonds with the elephants he cares for, *Elephant Speak: A Devoted Keeper's Life Among the Herd* shows that progress is possible when we accept our shortcomings and embrace conversation. [A Passion for Elephants](#) Simon & Schuster
The amazing true story of a herd of elephants, the man who saved them, and the miracle of love that brought them home. One day in 1999, Lawrence Anthony and Françoise Malby hear that a herd of wild African elephants need a new home. They welcome the elephants to their wildlife sanctuary—Thula

Thula—with open arms. But the elephants are much less sure they want to stay. How will Lawrence prove to them that they are safe and loved? What follows is a gorgeously illustrated real-life story of a friendship . . . and the story of the miraculous way that love given freely will return—greater and more wonderful than it began. • **TOUCHING ANIMAL FRIENDSHIPS:** Owen and Mzee, Tarra and Bella, Rescue and Jessica . . . touching true stories of the emotional bonds possible between species are charming, and speak to the limitlessness of love. • **ELEPHANT APPEAL:** Elephants are one of the most fascinating and charming wild animals in all of nature. This heartwarming true

story will intrigue and inspire children, and turn even the most reluctant readers into elephant enthusiasts. • **CONSERVATION THEME:** This book tells the true story of caring for one of the world's most beloved endangered animals: the African elephant. This book is a great, upbeat jumping-off point for discussions of the importance of preserving endangered species and their environments. • **ENGAGING NONFICTION:** There's no better way to get readers hooked on factual books than to offer them real-life stories with heart and meaning. • **STRONG CURRICULUM CONNECTIONS:** The Next Generation Science Standards (NGSS) emphasize

learning about animal habitats/biomes in K-2 curriculums, while later grades address topics like conservation and endangered species.

With a depth of research and an engaging, highly visual narrative, this book is an excellent resource for librarians and primary school educators. Perfect for:

- Kindergarten and elementary school teachers
- Parents and grandparents
- Librarians
- Lovers of animals, wildlife, and the natural world
- Zoo and natural history museumgoers

Mela and the Elephant Holiday House

From the comedian, actor, and former host of The Late Late Show comes an irreverent, lyrical memoir in essays featuring his

signature wit. Craig Ferguson has defied the odds his entire life. He has failed when he should have succeeded and succeeded when he should have failed.

The fact that he is neither dead nor in a locked facility (at the time of printing) is something of a miracle in itself. In Craig's candid and revealing memoir, readers will get a look into the mind and recollections of the unique and twisted Scottish

American who became a national hero for pioneering the world's first TV robot skeleton sidekick and reviving two dudes in a horse suit dancing as a form of entertainment. In *Riding the Elephant*, there are some stories that are too graphic for television, too politically incorrect for

social media, or too meditative for a stand-up comedy performance. Craig discusses his deep love for his native Scotland, examines his profound psychic change brought on by fatherhood, and looks at aging and mortality with a perspective that he was incapable of as a younger man. Each story is strung together in a colorful tapestry that ultimately reveals a complicated man who has learned to process—and even enjoy—the unusual trajectory of his life.

If You Were an Elephant Candlewick
 NEW YORK TIMES
 BESTSELLER • A NEW
 YORK TIMES NOTABLE
 BOOK The remarkable
 story of James Howard
 “Billy” Williams, whose
 uncanny rapport with
 the world’s largest land

animals transformed him from a carefree young man into the charismatic war hero known as Elephant Bill. In 1920, Billy Williams came to colonial Burma as a “forest man” for a British teak company. Mesmerized by the intelligence and character of the great animals who hauled logs through the jungle, he became a gifted “elephant wallah.” In *Elephant Company*, Vicki Constantine Croke chronicles Williams’s growing love for elephants as the animals provide him lessons in courage, trust, and gratitude. *Elephant Company* is also a tale of war and daring. When Japanese forces invaded Burma in 1942, Williams joined the elite British Force 136 and

operated behind enemy lines. His war elephants carried supplies, helped build bridges, and transported the sick and elderly over treacherous mountain terrain. As the occupying authorities put a price on his head, Williams and his elephants faced their most perilous test. Elephant Company, cornered by the enemy, attempted a desperate escape: a risky trek over the mountainous border to India, with a bedraggled group of refugees in tow. Part biography, part war epic, Elephant Company is an inspirational narrative that illuminates a little-known chapter in the annals of wartime heroism. Praise for Elephant Company

“This book is about far more than just the war, or even elephants. This is the story of friendship, loyalty and breathtaking bravery that transcends species. . . . Elephant Company is nothing less than a sweeping tale, masterfully written.”—Sara Gruen, The New York Times Book Review “Splendid . . . Blending biography, history, and wildlife biology, [Vicki Constantine] Croke’s story is an often moving account of [Billy] Williams, who earned the sobriquet ‘Elephant Bill,’ and his unusual bond with the largest land mammals on earth.”—The Boston Globe “Some of the biggest heroes of World War II were even bigger than you thought. . . . You may never call the lion the

king of the jungle again.”—New York Post
 “Vicki Constantine Croke delivers an exciting tale of this elephant whisperer-cum-war hero, while beautifully reminding us of the enduring bonds between animals and humans.”—Mitchell Zuckoff, author of *Lost in Shangri-La* and *Frozen in Time*
Between the Bridge and the River Chronicle Books
 Inspired by the lush terrain of Sri Lanka, this fun tale of friendship, risk, and reward is just right for middle grade fans of fantasy and page-turning adventure. Chaya, a nobleman's rebellious, outspoken, no-nonsense daughter, just can't resist the shiny temptations the king's palace has to

offer. But playing Robin Hood for an impoverished community doesn't come without risks, and when Chaya steals the queen's jewels from a bedside table—a messy getaway jeopardizes the life of a close friend. After an equally haphazard prison break, Chaya barely escapes...on the king's prized elephant! With leeches and revolution lurking in the jungle, Chaya leads her companions on a daring escapade. But after leaving her village as a thief, can she return as a hero? Or will Chaya's sticky fingers be the beginning—or the end—of everything for this ragtag gang of getaways?
The Secret Elephants Ballantine Books

No one sees the world quite like John Gimlette. As *The New York Times* once noted, “he writes with enormous wit, indignation, and a heightened sense of the absurd.” Writing for both the adventurer and the armchair traveler, he has an eye for unusually telling detail, a sense of wonder, and compelling curiosity for the inside story. This time, he travels to Sri Lanka, a country only now emerging from twenty-six years of civil war. Delving deep into the nation’s story, Gimlette provides us with an astonishing, multifaceted portrait of the island today. His travels reveal the country as never before. Beginning in the exuberant capital, Colombo (“a hint of

anarchy everywhere”), he ventures out in all directions: to the dry zones where the island’s 5,800 wild elephants congregate around ancient reservoirs; through cinnamon country with its Portuguese forts; to the “Bible Belt” of Buddhism—the tsunami-ravaged southeast coast; then up into the great green highlands (“the garden in the sky”) and Kandy, the country’s eccentric, aristocratic Shangri-la. Along the way, a wild and often desperate history takes shape, a tale of great colonies (Arab, Portuguese, British, and Dutch) and of the cultural divisions that still divide this society. Before long, we’re in Jaffna and the Vanni, crucibles of the recent conflict. These areas—the hottest,

driest, and least hospitable—have been utterly devastated by war and are only now struggling to their feet. But this is also a story of friendship and remarkable encounters. In the course of his journey, Gimlette meets farmers, war heroes, ancient tribesmen, world-class cricketers, terrorists, a former president, old planters, survivors of great massacres—and perhaps some of their perpetrators. That’s to say nothing of the island’s beguiling fauna: elephants, crocodiles, snakes, storks, and the greatest concentration of leopards on Earth. Here is a land of extravagant beauty and profound devastation, of ingenuity and

catastrophe, possessed of both a volatile past and an uncertain future—a place capable of being at once heavenly and hellish—all brought to vibrant, fascinating life here on the page.

[The Elephants Come Home](#) Harper Collins
When Monkey and Elephant volunteer to babysit three monkey babies for the afternoon, the two friends don't quite know what to expect from this new experience.

Faithful Elephants
Genz Publishing
“Being directed by the Jimmy Burrows, while on Friends, was like hitting the jackpot. I’m delighted that everyone can now share in his incredible insight with this book.”—JENNIFER ANISTON From the

director of The Mary Tyler Moore Show, Taxi, Cheers, Frasier, and Will & Grace comes an insightful and nostalgic behind-the-scenes memoir that's "as difficult to put down as a Friends marathon is to turn off" (The Washington Post). Legendary sitcom director James Burrows has spent five decades making America laugh. Here readers will find never-revealed stories behind the casting of the dozens of great sitcoms he directed, as well as details as to how these memorable shows were created, how they got on the air, and how the cast and crew continued to develop and grow. Burrows also examines his own challenges, career victories, and defeats, and provides advice for aspiring

directors, writers, and actors. All this from the man who helped launch the careers of Ted Danson, Kelsey Grammer, Woody Harrelson, Jennifer Aniston, Debra Messing, and Melissa McCarthy, to name a few. Burrows talks fondly about the inspiration he found during his childhood and young adult years, including his father, legendary playwright and Broadway director Abe Burrows. From there he goes on to explain his rigorous work ethic, forged in his early years in theater, where he did everything from stage managing to building sets to, finally, directing. Transitioning to television, Burrows locked into a coveted job with The Mary Tyler Moore Show, where he

first observed and then started to apply his craft. Directing most of the episodes of *Taxi* came next, where he worked closely with writers/producers Glen and Les Charles. The three formed a remarkable creative partnership that helped Burrows achieve his much sought-after goal of ownership and agency over a project, which came with the creating and directing of the seminal and beloved hit *Cheers*. Burrows has directed more than seventy-five pilots that have gone to series and over a thousand episodes, more than any other director in history. Directed by James Burrows is a heart-and-soul master class in sitcom, revealing what it truly takes to get a laugh.

Travels on My Elephant Penguin

Like one in six people in India, Sujatha Gidla was born an untouchable. While most untouchables are illiterate, her family was educated by Canadian missionaries in the 1930s, making it possible for Gidla to attend elite schools and move to America at the age of twenty-six. It was only then that she saw how extraordinary -- and yet how typical -- her family history truly was. Her mother and uncles were born in the last days of British colonial rule. They grew up in a world marked by poverty and injustice, but also full of possibility. The Independence movement promised freedom. Yet for untouchables and

other poor people, little changed. In rich, novelistic prose, Ants Among Elephants tells Gidla's extraordinary family story detailing her uncle's emergence as a poet and revolutionary and her mother's struggle for emancipation through education.

The Last Diving Horse in America Faber & Faber

A humorous account of the disadvantages of bringing an elephant into the classroom.

Elephant and the Bee iUniverse

A memorable account of a journey across India on an elephant.

Giants of the Monsoon Forest: Living and Working with Elephants

University of Chicago Press

After two decades in the study and practice

of medicine, Sarah Seidelmann took a three month sabbatical to search for a way to feel good again.

Having witnessed human suffering early in her career and within her own family, she longed for a way to address more than just the physical needs of her patients and to live in a lighter, more conscious way.

Swimming with Elephants tells the eccentric, sometimes poignant, and occasionally hilarious experience of a working mother undergoing a bewildering vocational shift from physician to shamanic healer.

During that tumultuous period of answering her call, Sarah met an elephant who would become an important spirit companion on

her journey, had bones thrown for her by a shaman in South Africa, and traveled to India for an ancient Hindu pilgrimage, where she received the blessing she had been longing for. Ultimately, she discovered an entirely different way of healing, one that she had always aspired to, and that enabled her to help those who are suffering.

Best Sellers - Books :

- [The Wager: A Tale Of Shipwreck, Mutiny And Murder](#)
- [Girl In Pieces By Kathleen Glasgow](#)
- [Why A Daughter Needs A Dad: Celebrate Your Father Daughter Bond This Father's Day With This Special Picture Book! \(always In My Heart\) By Gregory E. Lang](#)
- [If He Had Been With Me By Laura Nowlin](#)
- [How To Win Friends & Influence People \(dale Carnegie Books\) By Dale Carnegie](#)
- [Playground By Aron Beauregard](#)
- [Atomic Habits: An Easy & Proven Way To Build Good Habits & Break Bad Ones](#)
- [Bluey And Bingo's Fancy Restaurant Cookbook: Yummy Recipes, For Real Life](#)
- [Dark Future: Uncovering The Great Reset's Terrifying Next Phase \(the Great Reset Series\) By Glenn Beck](#)
- [Fourth Wing \(the Emphyrean, 1\)](#)