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RODERICK SAIGE

Waterfall Hikes in Southern British Columbia

Orca Book Publishers

This revised edition has new and detailed information on 40 new hiking trails on Cape Breton Island, ranging from its very northern tip at Money Point all the way to the Ghost Beach Trail, which begins as soon as you cross the Canso Causeway. This hands-on account of the most enjoyable, challenging, family-oriented, and entertaining hiking trails in Cape Breton have been personally mapped, explored, and conquered by the author and provide accurate, helpful and poignant tips and pointers on how to enjoy each of these hikes -- from a quick stroll after lunch to full and multi-day

excursions. This new and revised edition of Hiking Trails of Cape Breton takes us to new places and uncovers new trails, all designed to deliver the most accurate and up-to-date information about the delights (and possible hazards) of self-propelled excursions into the woods and mountains in and around the highlands and lowlands of Cape Breton. As well as instructions for finding each trail and descriptions of the trails themselves, this revised edition of Hiking Trails of Cape Breton, includes maps and synoptic information on length, time, difficulty, other uses, facilities, and the correct topographical map to use. New to this edition are trailhead GPS listings for all hikes, and, for those who carry cellphones as safety devices, information about the often-uncertain reception in Cape Breton's mountains and woodlands. Also new to this edition are sidebars on plants, animals, historic sites, and other

interesting features of the trails.

[Hikes Around Invermere & the Columbia River Valley](#) Backcountry Foodie Cookbooks

This cookbook includes fifty trail tested recipes created by a registered dietitian. This unique cookbook contains dry ingredients based recipes, complete nutrition information, dry weight measurements, easily identifiable graphics for dietary and meal preparation preferences and downloadable food label templates. It's truly one of a kind.

[Day Hikes Around Los Angeles](#) University of Nevada Press

Day Hiker: Gold Country Trail Guide II is the second in the Day Hiker series of trail guide books. Twenty-six more trails are described and photographed in the foothills of Northern California, up into the Sierra Nevada Mountains and down to the valley floor east of Sacramento.

Awol on the Appalachian Trail Tim Ernst Publishing

Nature is just around the corner in the City of Angels

The Glorious Mountains of Vancouver's North Shore Chicago Review Press

Favorite Dog Hikes In And Around Las Vegas is the guide to over 100 of our favorite dog-friendly dayhikes and walks. There's something here for everyone: Calico Basin, Cold Creek, Desert National Wildlife Refuge, Spring Mountains Kyle Canyon, Deer Creek, Harris Road, Lee Canyon Goodsprings Mining District, Lake Mead NRA, Mountain Springs, Red Rock NCA, Spring Mountain Ranch, Valley of Fire, off-leash dog parks and a pattern for making your own dog hiking boots! Included are driving instructions, K9 water, trail descriptions with mileages and estimated round-trip completion times, difficulty ratings, on-leash or off-leash designations and more!

The Red River Trails Greystone Books Nevada boasts some of the most diverse and beautiful landscapes in North America and is rich in trails that embrace the state's scenic, geologic, and historic resources. Mike White, renowned outdoors writer and instructor, now offers a guide to fifty of the best Nevada hikes, ranging across the entire state from the Mojave Desert to the Sierra Nevada, from sagebrush basins to the alpine heights of the Ruby Mountains. Here are hikes for every taste and level of fitness, including outings suitable for families with small children and full-scale assaults on challenging peaks. Each hike is described in terms of its route and special features, and includes a map and elevation profile. The book also offers information about the geology, wildlife, plants, history, and weather features of Nevada, as well as helpful directions to ensure safe and comfortable travel in Nevada's rugged and isolated backcountry. This is an indispensable guide for anyone seeking enjoyable adventures in some of the country's most spectacular natural regions.

Hiking Trails 2 Yearling

Hiking South Florida and the Keys features thirty-nine of the finest trails the region has to offer, from wet cypress swamps to dry pinewood forests. Four sections—Short Family Hikes, Day and Overnight Hikes, Long Haulers, and Walking the Florida Keys—comprise this user-friendly guide. M. Timothy O'Keefe shares his top hikes in twenty-three prime areas, including Corkscrew Swamp Sanctuary, Ding Darling National Wildlife Refuge, Jonathan Dickenson State Park, Everglades National Park, Big Cypress National Preserve, John

Pennekamp Coral Reef State Park, and National Key Deer Refuge. Each hike includes all the information you need to make the most of exploring South Florida and the Keys on foot. Look inside to find: • Hikes suited to every ability • Directions to the trailheads • Comprehensive trail descriptions, maps, and elevation profiles • Mile-by-mile directional cues • Difficulty ratings, average hiking times, best hiking seasons, and elevation gain/loss for every featured hike • Area-specific tips on safety, hiking ethics, plants and animals, preserving the environment, and more
Best Hikes and Nature Walks with Kids in and Around Southwestern British Columbia Menasha Ridge Press

One of only 11 National Scenic Trails in America, the Florida Trail was first blazed in October, 1966. Documenting a half century of progress of the creation of America's most unique National Scenic Trail - which stretches from the Big Cypress Swamp to Pensacola Beach, this full-color book weaves together past and present, showcasing the trail's beauty while explaining how it was created. Stories from participants in the process capture the moments that built momentum for both the Florida Trail and the Florida Trail Association.

Day Hiker Rocky Mountain Books Incorporated

60 Hikes within 60 Miles: Dallas / Fort Worth covers the best trails the metroplex has to offer, including popular trails as well as lesser-known paths no guidebook has covered before. This is the essential guide you'll need for hiking in the Dallas / Fort Worth Metroplex. Choose a trek alongside ancient dinosaur tracks at Dinosaur Valley State Park, or follow fresh prints of live coyote and white-tailed deer at Lake Mineral Wells. Explore remnants of Texas' disappearing blackland prairie, or wander amongst the dense hardwood forests of the riparian wetlands. A hike for every mood, you can pick a quiet hike to a secluded pecan grove or an upbeat populated hike to a State Champion Oak Tree -- or maybe you just want to feel like a pioneer as you hike through the wilderness of the LBJ National Grasslands. Hikes include treks through open prairies, rolling hillsides, lakeside beaches, and other treasures all found just a daytrip or less from the Dallas / Fort Worth Metroplex.

Destination Hikes Minnesota Historical Society

Hiking Kentucky's Red River Gorge is the definitive guide to trails in the Red River Gorge Geologic Area, Natural Bridge State Park, and Clifty Wilderness. The book showcases 25 of the best hikes in the

Gorge, as well as a back-of-book bonus on nearby trails. Distinguished from other Red River Gorge guides, this book provides readers not only with detailed maps, sharp photos, and individual-trail details, THIS guidebook outlines definitive hikes--ways to explore the area and enjoy its flora, fauna, and history. The easy-to-use layout treats each hike distinctly, as its own adventure. Because of this, the routes are detailed with photographs, maps, trail gradient information and, most importantly, ratings for key elements that make a trail appealing to a wide variety of people. This allows the reader to make informed decisions about which trails they will want to hike, which ones will be appropriate for children, and so on. Further, readers will discover how to combine trails and routes for a great hiking day or backpacking trip. This book is ideal for people who've never been to the Gorge, or even beginner hikers. The book simply looks great and is easy to read, and designed for planning hikes as well as while on the trail.

100 Hikes of a Lifetime Mountaineers Books

From the Newbery Honor and Schneider Award-winning author of *The War that Saved My Life* comes *Halfway to the Sky*, a compelling novel perfect for fans of *Rain Reign*. Twelve-year-old Dani is running away from home, or what's left of home anyway. Her older brother, who had muscular dystrophy, died a few months ago. Then her father left and her parents got divorced. Now home is just Dani and her sad, silent mother, and Dani's got to get away. She plans to do something amazing, and go where her parents will never find her: she's going to hike the whole Appalachian Trail, from Georgia to Maine. The trail is a legend in her family, the place where her parents met, fell in love, and got married 14 years before. Unfortunately for her master plan, her mother doesn't have much trouble figuring out where Dani's gone. Now it's the two of them, hiking for as long as Dani can manage to persuade her mother to keep going. But Dani's got an even longer emotional journey to make—and it's one she and her mom need to make together. "A wise and thoughtful book."-The Bulletin "[Readers] will readily relate to the angst and anger and be intrigued by the details about the Trail itself."-Kirkus Reviews
Destination Hikes in and Around Southwestern British Columbia 105 Hikes in and Around Southwestern British Columbia

The all-new, expanded follow-up to southwestern British Columbia's best-selling hiking guidebook—now featuring

trails on the islands and northern Washington. For nearly fifty years, David and Mary Macaree's iconic 103 Hikes in Southwestern British Columbia has been the province's most popular and most trusted hiking guide, with more than 100,000 copies sold to date. Author Stephen Hui carries on the Macarees' legacy in 105 Hikes in and around Southwestern British Columbia—an all-new, expanded follow-up inspired by their beloved classic. With an additional selection of trails on the Gulf Islands and in Washington's North Cascades, options for hiking with children, and rainy day recommendations, 105 Hikes covers a wider area and wider range of abilities than its predecessor. Like the Macarees, Hui provides detailed information about how to get to each trailhead (including transit options, where available), distance and elevation gains, estimated hiking times, and points of natural or historical interest. But he also includes all-new features such as an at-a-glance summary of all the hikes in the book; tips for hiking safely and ethically; clear, topographical color maps; a rating system for hike quality and difficulty; Indigenous place names where appropriate; and shorter or longer options for every outing.

50 Classic Hikes In Nevada Rocky

Mountain Books Incorporated

Since its publication in 1973, 103 Hikes in Southwestern British Columbia has sold over 120,000 copies, guiding novices and experts alike around lakes, rivers, and mountains from the North Shore and Howe Sound to Squamish, Whistler and Pemberton, and east to the Fraser Valley and Hope-Manning Park. Engagingly written, meticulously detailed, and thoughtfully organized by area, 103 Hikes is the ultimate, indispensable guide for trekking in all seasons. Two-color maps make route finding easier, and comprehensive indexes help ensure that a trail choice is right for the season. For each trail author Jack Bryceland indicates: time frames and suggested fitness levels; information on how to get to the trailhead; distance and elevation gain; estimated hiking times; points of natural or historical interest. 103 Hikes includes trails from the Ashlu and Elaho valleys, as well as expanded sections on Pemberton and the Chilliwack River, providing fresh paths of discovery for readers of previous editions.

Halfway to the Sky Menasha Ridge Press
Comprehensive guide to day hiking in Anza-Borrego Desert State Park; includes 20 maps and 50 drawings of local plants and animals.

Colorado's Lost Creek Wilderness

Spotted Dog Press (CA)

A one-stop resource for hiking backpackers in beautiful British Columbia. Planning your next backpacking adventure? This book covers all the essentials including: 40 overnight hiking trails: discover the many different routes that BC has to offer Packing tips: take only the most essential items with you (plus a few comforts) Permitting: find out what permits you'll need, and where to get them Camp set-up: tips for where to pitch your tent and how to find water Environmental impact: learn how to Leave No Trace behind in the wilderness This book features backpacking routes from the North Shore up to Pemberton and Lytton and from the Sunshine Coast out to the Similkameen Valley. Beautiful photographs showcase what you'll see along the way: mountain peaks, alpine meadows, waterfalls, old-growth forests, and more. Every backpacking route in the book includes bonus features: Trail maps and route descriptions Elevation, distance and time information Points of cultural and natural history Pre-planning hints about fees, permits, and reservations Suggested side trips and points of particular interest Backpacking in Southwestern British Columbia also shares options for extending an overnight excursion to several nights or a week, and for selecting hikes that match your timeline/fitness level.

Hiking Trails of Cape Breton Tim Ernst Publishing

"Towering waterfalls, ancient forest giants, colourful wildflower meadows, sparkling swimming holes, and exhilarating viewpoints. These are the destinations that take a hike from great to unforgettable. And southwestern British Columbia has all of these within an easy drive of Vancouver. From Stephen Hui, author of the best-selling 105 Hikes In and Around Southwestern British Columbia, comes Destination Hikes near Vancouver, featuring 55 new day trips that promise an abundance of scenic rewards for your efforts. Whether you drive north to the panoramic peaks of the Duffey Lake corridor near Whistler or west to the tidal lagoons of the Gulf Islands, explore sparkling alpine lakes east in the Chilliwack Valley or lush conifer forests in northern Washington, there's a hike to help you discover the best of the region's natural and cultural history. Like 105 Hikes, this easy-to-use guidebook provides detailed trail descriptions, stunning colour photographs, and topographic maps. It highlights trails of historical and geological interest—leading readers past petroglyphs and volcanic faults, along old trade routes

and horsepacking trails. It guides readers to classic destinations such as the Twin Sisters (the Lions) that rise above Vancouver's skyline and to Yak Peak which looms over Coquihalla Summit. But it also leads to a 600-year-old tree on the less-travelled side of Lynn Creek and to remote swimming lakes in the northern reaches of Manning Park. Whether you're looking for a three-hour hike or a full-day adventure, a straightforward leg-stretcher or a more challenging outing involving route-finding and scrambling, this book has it all. Destination Hikes is not purely about the destination, however. It encourages readers to look around—at the abundant fungi lining the forest floor, at the carpets of wildflowers in meadows, at abandoned logging cables and fire lookout towers that tell tales of earlier times. It points readers to museums and memorials in the area that provide context for the hikes and honour the trail builders—named and unnamed—who created and maintain these hikes. The book also provides an at-a-glance summary of all hikes' special features, quality and difficulty ratings, and offers recommendations for kids and shoulder season too. A portion of the author's royalties from this book will go to the Hope Mountain Centre for Outdoor Learning to support trail building and maintenance."--

105 Hikes in and Around Southwestern British Columbia

Huntington Press Inc

100 of the most gorgeous hikes in the Lone Star State! The big sky country of Texas calls hikers of all kinds to its trails. With over 80 parks, 56 wildlife management areas, nine natural areas and 28 historic sites and parklands, this vast state offers a plethora of hiking options to choose from. Regions covered include the Panhandle Plains, prairies and lakes, piney woods, Gulf Coast, South Texas Plains, Hill country, and Big Bend country. This two-color guide includes elevation profiles, sidebar tips, topographic maps, and a handy Hikes-at-a-Glance chart to help readers find the hikes they want quickly and easily. Whether you're planning an extended backpacking trip through the northern cross timber or a short day hike just outside of town, this new guidebook presents a wonderful variety of iconic Texas trails.

Hiking Las Vegas Rocky Mountain Books Ltd

The author's account of his four-month hike in 1948 of the entire length of the Appalachian Trail.

Day Hiking Los Angeles Fulcrum Publishing
From the rugged Guadalupe Mountains in

the west and the deep canyons of the Red River in the Panhandle to the lakes on the eastern landscape, the Texas backcountry is as spacious and diverse as the Lone Star State itself. This guide contains unforgettable hikes that suit all abilities and interests.

Active Vancouver Greystone Books Ltd
From bestselling hiking guidebook author (and dad) Stephen Hui comes a collection of fun-filled hikes field-tested by parents

and kids. The best thing about hiking with kids is appreciating nature as a whole family. But hiking with kids can be challenging when little ones get tired, cold, or hungry. This book carefully chooses trails for kids of a variety of ages and skill levels, ranging in distance from 2km/1.2 miles (great for toddlers) to 12km/7.5 miles (for older or energetic kids). All are easy to get to so kids have more time to explore stops at suspension

bridges, hollow trees, ghost towns, beaches, lakes, and vistas. Each route features a clear reference map and full-colour photos, plus: a description of trail highlights detailed directions to the trailhead a snapshot of the best season, difficulty, length, high point, and elevation gain a fun fact related to the plants, animals, or history of the trail The author will donate a portion of royalties to Take a Hike Foundation.

Best Sellers - Books :

- [A Soul Of Ash And Blood: A Blood And Ash Novel \(blood And Ash Series\)](#)
- [The Housemaid's Secret: A Totally Gripping Psychological Thriller With A Shocking Twist By Freida Mcfadden](#)
- [The Housemaid By Freida Mcfadden](#)
- [Tucker](#)
- [A Court Of Silver Flames \(a Court Of Thorns And Roses, 5\) By Sarah J. Maas](#)
- [The Wonderful Things You Will Be By Emily Winfield Martin](#)
- [Killers Of The Flower Moon: The Osage Murders And The Birth Of The Fbi By David Grann](#)
- [Love You Forever](#)
- [Reminders Of Him: A Novel](#)
- [8 Rules Of Love: How To Find It, Keep It, And Let It Go By Jay Shetty](#)